



## What is the Children's Counseling Clinic (CCC)?

The CCC is the Relationship Therapy Center's division for helping the most precious ones in your life. We are a group of intensely devoted therapists who will help your child through difficult times. Each member is specially trained in a different type of therapy to provide your child with the best fit for your child's particular need.



Is Your Child Hurting and You Don't Know How To Help?

## The Common Problems We See

- ✓ Traumatic Experience (Large or Small)
- ✓ Family Issues (Siblings, Stepfamily Issues)
- ✓ Social Issues with Peers/Managing Social Media
- ✓ Anger/Behavioral Issues & Trouble Following Rules
- ✓ Going Through a Divorce & Transitioning as a Family
- ✓ Anxiety, Depression, & Other Mental Health Problems
- ✓ School Problems Including Bullying and Lack of Motivation
- ✓ Experimenting with Drugs/Alcohol or on the Verge of Abusing



Call Us at 612-787-2832

To Hear About Our  
**Outstanding Success Rates**  
With Adolescents & Children

[www.ChildrensCounselingClinic.com](http://www.ChildrensCounselingClinic.com)



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Let Us Be Your Guide



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### 3 Types of Therapy at CCC



#### Play Therapy - Ages 3-12

Play therapy is a process in which we build on Play - the natural way children learn about themselves and their relationships. This technique helps them process through the issues they are struggling with. Children are encouraged to play as they wish while we create a safe and understanding environment to help guide them through the process.



#### Trauma Therapy (EMDR) - Ages 5-18

EMDR is a therapy approach to help children reprocess a traumatic event by using eye movement or tapping along with talking. It can also help the child create resources they can use in the outside world so they feel less impacted by the traumatic event.



#### Talk Therapy - Ages 11-18

Talk therapy with kids often involves games, art, and other methods to help your child explore their difficulties. This type of therapy frequently includes structured coping skills and helping your child understand their internal world and access their inner resources.

**It's Time to Get Your Child the Help They Need.**

#### ELISABETH EMMERICH

MA, LPCC, Registered Play Therapist



Elisabeth is the answer if your child has an easier time playing than talking in therapy. She is our Registered Play Therapist and has done an extensive amount of training to understand how to make play therapeutic. Her work is amazing to watch because while she has all the toys in her office to make it a fun place to be, she is completely intentional with every response and interaction she has with your child. The results are often evident even after a few sessions and most children really enjoy their time with Elisabeth.



#### AMANDA COOK

MS, Licensed Marriage & Family Therapist



If your child is struggling with body image issues, school anxiety, trouble fitting in, self esteem, or specific traumas Amanda is your solution. These years are challenging for all of us, and even normal, healthy kids can benefit from someone to talk to during this transition. Amanda has a special gift of connecting with preteens and teens and helping guide them during challenging times. She has a way of working with teens to insure their privacy while also including parents in their treatment. Your child will feel valued and motivated by Amanda.

Life Can Be Easier. We Can Help.

**CALL US NOW: 612-787-2832**

#### BRITTANY CLAPSHAW

MA, Licensed Marriage & Family Therapist



If your family has recently been dealing with some challenging life circumstances -- a divorce, a death, a parent's substance abuse, or even a transition to a new school, Brittany is the therapist for your child. Brittany is trained in EMDR and she uses this specific trauma therapy to help kids and teens work through some of the hard things life throws at them. Brittany also trained extensively at Hazelden in adolescent addictions. From the moment you meet her it will become clear why your child is fortunate to have Brittany in their life.



#### GREGG SCHACHER

PhD, Licensed Marriage & Family Therapist



If you're looking for a therapist who has tons of knowledge and resources to help you with issues like parenting a child with Sensory Motor Integration, behavioral challenges, or attachment, Gregg is the therapist for you. With three boys of his own, Gregg has had a lot of personal and professional experience with boys! Gregg has a strong medical background and understands the medical and emotional components of behavioral concerns. You'll love the way he can connect with kids, and also the way he will make very practical and useful suggestions for you.

**Let's Get Started.**



A Division of

